

National & International Speaker

Lamaze Instructor | Certified Newborn Care Specialist
Founder of Maternal Blessings | Speaker | Educator | Author

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VICTORIA ROSELLI

SIGNATURE TALKS

1. The Real Baby Manual: No App Required

What if your baby isn't unpredictable—just misunderstood?

This talk helps parents and professionals shift from app-driven advice to real-time observation. Learn to identify baby cues, understand circadian rhythms, and build confidence in early parenting.

2. Gentle Transitions in the First Few Weeks

From womb to world, this session guides caregivers in supporting newborns during the earliest weeks. Explore feeding cues, sleep rhythms, and simple ways to foster self-regulation and bonding—without overstimulation.

ABOUT VICTORIA

With over a decade of experience in maternal-child health, Victoria Roselli brings a rare blend of science, empathy, and real-life wisdom to every stage she steps on. She holds a Bachelor of Science in Maternal Child Health, specializing in Lactation Consulting, and is a:

- International Board Certified Lactation Consultant (IBCLC)

- Lamaze Certified Childbirth Educator
- Certified Newborn Care Specialist

Victoria is the founder of Maternal Blessings and creator of the Nourish to Nurture™ program. Her talks are warm, engaging, and deeply rooted in evidence-based care—empowering audiences to better understand, support, and connect with newborns and new parents.

IDEAL FOR

- Parents & Expecting Families
- Doulas, Educators, & Birth Workers
- Trainings and Media Engagements
- Healthcare Professionals & Community Providers
- Conferences, Workshops, and Panels

TESTIMONIALS

"I was referred to Victoria after my sixth baby was born. I thought I had this parenting thing down by now! But this little guy threw us for a loop! He was inconsolably fussy, slept very little, ate very inconsistently and just didn't seem to be able to find his rhythm. I consulted so many friends, doctors and nurses but no one could seem to find anything that worked. So my dear friend introduced me to Victoria. I spent 30 minutes on the phone with her and the next 48 hours were a game changer! Applying her schedules, we finally discovered what was missing to help my little guy find his peace and get comfortable with the rhythm of his needs. It gave us predictability, removed a lot of frustration for all of us, and helped our little guy be a happier, healthier baby boy! I couldn't be more excited that Victoria is bringing her program to moms all over the world...it is so needed!" - mother of 6

"I spoke with Victoria a couple weeks ago about some fore milk/hind milk issues with nursing my 3 month old. She was very generous with information and I could tell she was very knowledgeable. I've nursed 5 kids into their toddler years and still she was explaining things about my breast and my baby that I had never heard. She was illustrative and thorough in her advice. I did exactly what she told me to do and immediately started seeing results. My baby is gaining weight more rapidly, spitting up less, and his poops are mostly mustard colored now instead of green. When I pump, I am seeing a lot more hind milk. These were all issues prior to speaking with Victoria. I really appreciate her information, teaching, and generosity and would recommend her to any mama needing nursing support!" - mother of 6

"This guide brought me confidence that I can follow my baby's needs and trust that my baby came with his own set of special instructions. Instead of watching the clock, following dated advice, or trying to set a schedule that was unrealistic to the baby's needs or my own- I followed his cues. Ultimately, we were both happier and healthier. I would recommend to any mother- first or many times blessed- to review "Nourish to Nurture". It reminded me that our baby's natural cues are best as well as gave me the permission to dismiss schedules that are pushed on new mothers for convenience- instead of true benefit." - mother of 3

